



Bristol Rovers Football Club Job Description

Job Title:	Academy Head of Athletic Development
Line Manager:	Academy Manager
Line Manager for:	Interns
Hours:	37.5 hours Permanent
Overall Purpose of Job:	
To manage, implement and develop the Sport Science / Strength & Conditioning provision to all academy players delivering a comprehensive program that is in line with both the EPPP and the philosophy of the club.	
Main Responsibilities/Description of Duties:	
<ul style="list-style-type: none">• To work as an integral member of the Academy Management Team to support the development and implementation of the Academy Performance Plan in conjunction with the Academy Manager.• To implement an individual Athletic Development programming during both the off and in-season periods including both gym and field-based training. Programmes should reflect the specific needs of the individual player and their role within the team, including a major component of pre-habilitation, injury prevention and recovery processes.• To provide injury rehabilitation training of players in conjunction with specific guidelines laid down by the physiotherapist/sports therapist, in preparation for return to play.• To monitor gym based workload through recording RPE's or volume loads within the gym. To co-ordinate, manage and optimise each individual player's workload.• To undertake a comprehensive battery of fitness testing designed to cover all aspects of player performance and use the results to drive training programmes and individual fitness reporting. To undertake individual fitness testing at least three times per year.• To conduct physical movement screening and anthropometric tests as required• Alongside the Physiotherapist/Sports Therapist develop and support an activation/pre-hab program• To implement 'Readiness to Train' and 'Wellbeing' monitoring and to liaise with Lead Phase Coaches regarding collated data• To work in conjunction with the Lead Phase coaches to monitor and develop the BRFC Multi-Sport program• To support the Head of Coaching in any in-house training/mentoring to support the development of coaching staff in any athletic development specific aspects.• Support the education of all schoolboy players and parents in terms of injury prevention, injury care, post-match recovery, diet and drug awareness.• To work in partnership with UWE to supervise, co-ordinate, assist and educate the Academy Athletic Development interns/placement students.• To undertake appropriate professional development to keep abreast of industry best practice.• Keep all data and sessions up to date via the PMA• To report regularly to the Academy Manager on overall progress and development within the Academy and to represent collective views in respect of future developments and directions.• Ad hoc duties as required by management.• To abide by all club policies including (but not exclusive to) Safeguarding, Equality and Health & Safety	

Experience/Qualifications/Training	
<p>Essential:</p> <ul style="list-style-type: none"> • EFL Academy experience • Undergraduate degree in Sport & Exercise Science / S&C • GPS data professional phase creating and uploading daily reports • Previous experience of working with young athletes / children in a similar role • Experience in the design, implementation and monitoring of strength and conditioning programmes for elite football players. • FA Safeguarding Children Certificate • FA First Aid (EFAiF) Certificate • DBS check undertaken • Computer skills (Word/ Excel/ access). • PMA and logging all data • Implementing a physical strategy u9-u18 • High levels of communication skills, both oral and written. • Personable and enthusiastic with a strong work ethic. • Good team player who can work on own initiative. 	<p>Desirable:</p> <ul style="list-style-type: none"> • MSc (or working towards) in a related subject. • FA Coaching qualifications. • Knowledge and understanding of the EPPP process • Experience in the preparation and delivery of CPD Workshops and conference presentations.
<p>Safeguarding Statement</p> <p>Bristol Rovers FC Football Club is committed to safeguarding the welfare of children and young people and expects all staff and Volunteers to endorse this commitment. This post requires an Enhanced Disclosure and Barring Service Check (DBS) as such it is exempt from Rehabilitation of Offenders Act (1974). Therefore, all convictions including spent convictions that have not been subject to filtering by the DBS should be declared". Relevant information and / or documents will be distributed as part of the recruitment process.</p>	
<p>Equality, Diversity and Inclusion</p> <p>Bristol Rovers FC Football Club's commitment to Equality, Diversity and Inclusion is to confront and eliminate discrimination whether by reason of age, gender, gender reassignment, sexual orientation, marital status or civil partnership race, nationality, ethnicity (race), religion or belief, ability or disability, pregnancy or maternity and to encourage equal opportunities (Protected Characteristics, Equality Act 2010).</p> <p>Employees of Bristol Rovers FC Football Club must ensure a positive commitment towards equality, diversity and inclusion by treating others fairly and not committing any form of direct or indirect discrimination, victimisation or harassment of any description and to promote positive working relationships between all internal and external stakeholders.</p>	